

# *Aamjiwnaang First Nation*

## Traditional Plant Study Walk

*Monday May 30th, 2011*

*Tour 1 9:30-11:00*

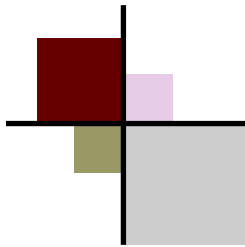
*Tour 2 11:15-12:45*

Location:

Meet at the Corner of Christopher and Degurse Drive

9:30 am plant walk in the woods around degurse and Christopher.

This will be a guided tour only there will be no picking of the plants

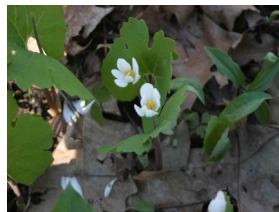


Jan Longboat is proprietor of Earth Healing Herb Gardens & Retreat Centre. Jan is a Mohawk, Turtle Clan of Six Nations of the Grand River is a traditional herbalist, healer and elder. Jan works with a very wholistic concept of healing. She has operated her growing and successful business over the last 20 years.

*Please dress appropriately as we will be walking through wooded areas.*

**Jan Longboat will be here on Aamjiwnaang First Nation to take us on a guided tour and discover what traditional plants are located in our area.**

Our researcher Ben Porchuk has already found the following species in the woods of Aamjiwnaang:



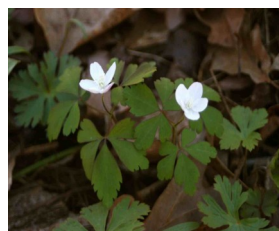
Bloodroot



Wild leek



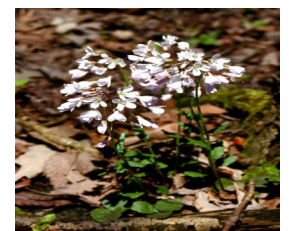
Red Trillium



Wood Anemone



Blanding's turtle



Purple Cress

**If you would like to participate in this walk, please call Christine at the Health Center, 519-332-6770 to sign up , as space is limited.**

[www.aamjiwnaangenvironment.ca](http://www.aamjiwnaangenvironment.ca)